



### Northeast Community

SHAPE 2002

#### Community overview

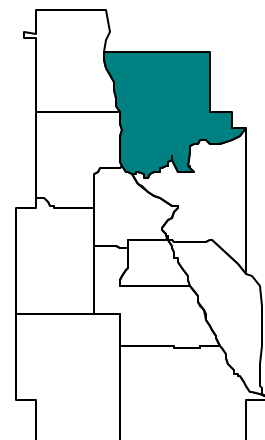
Some of the factors that affect the health and well-being of the Northeast Community include the age, income, and racial composition of its residents. The Community includes a higher percentage of seniors than in the City overall. The Northeast Community has become more racially diverse over the years, but is still predominantly white. Nearly a third of residents live with low incomes.

#### Key findings

- Residents of the Northeast Community rate their community highly. 86 percent say that people can depend on one another in their community and they feel secure living there.
- The Northeast Community is also rated as a good place to raise children; 84 percent of residents agreed this was the case.
- Strong connections to the neighborhood and to the community enhance quality of life and serve as assets to building stronger communities.
- In two of five homes (39 percent) built before 1978 that include children age six and under, residents reported chipped or peeling paint, which poses a risk for lead exposure.
- All Minneapolis children under age 6 should be tested for lead.
- Households with young children in the Northeast Community have a rate of child exposure to secondhand smoke (16 percent) that is higher than that reported for the City as a whole (12 percent). Increased attention to the hazards of secondhand smoke, particularly for young children, with guidance on how to reduce exposure would be a valuable program in this community.
- Northeast Community residents benefit from a relatively high rate of health insurance (91 percent) and having a regular source of medical care (90 percent). These factors are generally associated with better overall health.
- More than one-fourth (28 percent) of residents who believed they needed mental health care in the past year delayed or failed to get it.
- One of five residents (20 percent) reported that they had been diagnosed with high blood pressure, a rate higher than that citywide.
- Northeast residents have relatively high rates of meeting health screening guidelines. 83 percent of men age 50 or older met the guidelines for prostate screening, and 72 percent of women age 40 and older met the guidelines for obtaining a mammogram. Almost three-fourths (74 percent) of all adults had their cholesterol checked in the past 5 years.
- In terms of physical exercise, cigarette smoking, and binge drinking, the rates for Northeast residents are very similar to those for the city as a whole. However, Northeast residents are more likely to be overweight than their citywide counterparts (54 percent versus 47 percent).

The Northeast Community has large areas of industry, railroad and commercial areas, in addition to many neighborhood parks.

The 13 neighborhoods that make up this community are: Audubon Park, Beltrami, Bottineau, Columbia, Holland, Logan Park, Marshall Terrace, Northeast Park, St. Anthony East and West, Sheridan, Waite Park, and Windom Park. The Northeast Community includes portions of Wards 1 and 3.



#### Northeast Community

##### U.S. Census Data

1990 Population	36,515
2000 Population	36,913

##### 2000 Population Characteristics

<i>Race/Ethnicity</i>	
American Indian	863
Asian	1,378
Black	2,375
White	29,471
Multiracial or other	2,826
Hispanic*	2,694
*Hispanics may be of any race.	

*Percentage who are immigrants*  
10.5%

*Percentage below 200% of poverty*  
29.6%

<i>Age</i>	
0-17	7,407
18-34	11,181
35-64	13,602
65+	4,723

	Northeast Community %	Minneapolis %
<b>Community Engagement</b>		
Can have moderate/large community impact	60.7	60.5
Involved in neighborhood or school activities weekly	19.4	24.6
People can depend on each other	85.9	80.1
Feel secure living here	86.0	81.0
Good community to raise kids	83.7	73.1
Can get help from others in community	77.1	73.4
<b>Financial Distress</b>		
Missed rent or mortgage payment in past year	5.4	6.2
Worried about food running out	6.4	12.1
Food shelf use	1.3	3.6
<b>Healthy Homes for Children<sup>1</sup></b>		
Child exposed to chipped paint (In homes built before 1978)	39.0	27.7
Child exposed to in-home second-hand smoke	16.4	12.3
<b>Health Care Access</b>		
Uninsured part/all of last year	8.9	17.9
Regular source of care	90.0	84.1
Delayed or did not get medical care <sup>2</sup>	10.7	17.1
Delayed or did not get mental health care <sup>2</sup>	28.0	36.6
Used internet to access health information	36.3	39.8
<b>Health Conditions (Ever been diagnosed)</b>		
High blood pressure	20.3	16.5
Depression	13.2	14.6
Diabetes	7.4	5.0
<b>Health Screenings</b>		
Met mammogram guidelines (Women age 40+)	71.8	66.4
Met prostate screening guidelines (Men age 50+)	83.0	79.8
Cholesterol check in past 5 years	74.1	66.4
<b>Health Behaviors</b>		
Met moderate or vigorous exercise guidelines	60.7	60.5
Current smoking	19.3	20.7
Binge drinking in past month	17.7	19.1
Overweight	53.7	47.3

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### About SHAPE 2002

The Survey of the Health of Adults, the Population and the Environment (SHAPE) project is a collaborative effort of the Hennepin County Community Health Department, the Minneapolis Department of Health and Family Support, and the Bloomington Division of Health.

SHAPE 2002 interviewed 6,638 Minneapolis adults age 18 and over in 2002. Special effort was made to make possible the analysis of data at the community level.

<sup>1</sup> Among households with children under age 6.

<sup>2</sup> Among those who wanted care.

N/A: Not available, sample size too small.